2.1

select \* from Foods where Type = "Spices and Herbs";

2.2

select Distinct Type from Foods ASC;

2.3

select Name,C,Fiber from Foods order by C ASC;

2.4

select \* from FOODS where Fiber = 42.8;

2.5

Select Name,C from Foods where C > 25 order by C DESC;

2.6

SELECT \* FROM Foods where ServingSize like '%cup%';

2.7

delete from Foods where C = 0;

select \* from FOODS ;

2.8

delete from Foods where Fiber < 40;

select \* from FOODS ;

2|Spices cinnamon ground|1tbsp|54.3|Spices and Herbs|28.5

5|Oregano dried|1tsp ground|42.8|Spices and Herbs|50.0

6|Coriander seed|1tbsp|41.9|Spices and Herbs|21.0

7|Basil dried|1tbsp ground|40.5|Spices and Herbs|61.2

10|Parsley dried|1tbsp|30.4|Spices and Herbs|122.0

11|Spearmint dried|1tbsp|29.8|Spices and Herbs|0.0

Cereal Grains and Pasta

Spices and Herbs

Breakfast Cereals

Soups, Sauces and Gravies

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Corn bran crude|0.0|79.0

Wheat bran crude|0.0|42.8

Spearmint dried|0.0|29.8

Bean soup with bacon|4.0|30.8

Cereals|20.0|43.0

Coriander seed|21.0|41.9

Spices cinnamon ground|28.5|54.3

Oregano dried|50.0|42.8

Basil dried|61.2|40.5

Parsley dried|122.0|30.4

4|Wheat bran crude|1cup|42.8|Cereal Grains and Pasta|0.0

5|Oregano dried|1tsp ground|42.8|Spices and Herbs|50.0

Parsley dried|122.0

Basil dried|61.2

Oregano dried|50.0

Spices cinnamon ground|28.5

1|Corn bran crude|1cup|79.0|Cereal Grains and Pasta|0.0

3|Cereals|0.333cup|43.0|Breakfast Cereals|20.0

4|Wheat bran crude|1cup|42.8|Cereal Grains and Pasta|0.0

8|Bean soup with bacon|1cup|30.8|Soups, Sauces and Gravies|4.0

2|Spices cinnamon ground|1tbsp|54.3|Spices and Herbs|28.5

3|Cereals|0.333cup|43.0|Breakfast Cereals|20.0

5|Oregano dried|1tsp ground|42.8|Spices and Herbs|50.0

6|Coriander seed|1tbsp|41.9|Spices and Herbs|21.0

7|Basil dried|1tbsp ground|40.5|Spices and Herbs|61.2

8|Bean soup with bacon|1cup|30.8|Soups, Sauces and Gravies|4.0

10|Parsley dried|1tbsp|30.4|Spices and Herbs|122.0

1|Corn bran crude|1cup|79.0|Cereal Grains and Pasta|0.0

2|Spices cinnamon ground|1tbsp|54.3|Spices and Herbs|28.5

3|Cereals|0.333cup|43.0|Breakfast Cereals|20.0

4|Wheat bran crude|1cup|42.8|Cereal Grains and Pasta|0.0

5|Oregano dried|1tsp ground|42.8|Spices and Herbs|50.0

6|Coriander seed|1tbsp|41.9|Spices and Herbs|21.0

7|Basil dried|1tbsp ground|40.5|Spices and Herbs|61.2